

Presbyterian Hospital and Mecklenburg's Promise Partnership



Transformation: How the Medical and Recovery
Models Co-Exists to Create Positive Outcomes for
Consumers of Mental Health Services

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The Problem

- Current System = Safety/Stabilization
 - Creates Revolving Door Effect
- Frequent Utilizers of ED/Inpatient Services
- Costs
- Ineffective/Poor Outcomes
- Deinstitutionalization
- Disturbing Trend



The Solution: Recovery/Peer Support

- What is Recovery?
- What is Peer Support?
 - Empowerment Process
 - Develops a sense of “HOPE”
 - Process of learning and giving back
 - Relationship building
 - Role/Myths
 - Research findings
- Research/Outcomes
 - Overview: Refer to Cited Research Handout



The Journey

- Partnership
- Barriers
- Gaining System-Wide Buy-In
- Strategic Implementation



Lessons Learned

- Avoid “Clinicalizing” PSS
- Difficulty in moving from deficit or problem-focused thinking to a strengths-based focus and accepting the chronic model of care
- Maintaining the “peer-ness” of peer recovery support services and resisting the pressure to “professionalize” these services, while ensuring quality services and successful outcomes
- Requires a true cultural change beginning with Administration
- Peer roles being only an adjunct or menial



Where Do We Go From Here??

- No one single agency or government division can do this alone
- Takes a concerted community effort
- Address Stigma
- Healthy Fearlessness to Transform
- Replicate
- Hospital Alternatives
 - Effective, Cost Efficient, Recovery



Questions

